

Research Paper

e ISSN-0976-8351 | Open Access - www.researchjournal.co.in

Status of emotional intelligence among the college students

S. BIRADAR AND S. SHASHIKUMAR

Received: 01.02.2014; **Revised:** 12.05.2014; **Accepted:** 23.05.2014

See end of the paper for authors' affiliations

S. BIRADAR

Department of Human Development and Family Studies, College of Rural Home Science, University of Agricultural Sciences, DHARWAD (KARNATAKA) INDIA Email: shweturose@gmail.com ■ ABSTRACT: The present study aimed to investigate the status of the emotional intelligence among 300 male and 200 female undergraduate students studying in College of Agriculture and College of Rural Home Science of Dharwad city by employing ex-post facto research design. Emotional intelligence questionnaire (Dulewiz and Higgs, 2001) was used. Results revealed that there was no significant difference between male and female respondents on the components of emotional intelligence *viz.*, self-awareness, emotional resilience, motivation, interpersonal sensitivity, influence, intuitiveness and conscientiousness. The results also revealed that among the respondents only about 7-15 per cent had developed high level of the emotional components but about 54-75 per cent of the respondents had developed low level of the emotional components except intuitiveness. On the intuitiveness only 12 per cent of the respondents had developed low, whereas, 32 per cent of the respondents had developed high intuitiveness. On the whole, the results confirmed that among the respondents about 56, 31 and 13 per cent of them had developed lower, average and higher level of emotional intelligence, respectively.

■ KEY WORDS: Emotions, Emotional intelligence, Emotional components

■ HOW TO CITE THIS PAPER: Biradar, S. and Shashikumar, S. (2014). Status of emotional intelligence among the college students. *Asian J. Home Sci.*, 9 (1): 241-245.